

Certificate in Yoga Teacher Training 瑜珈導師訓練證書

HS175A / 2270-xxxxAW

YTT19

No.	Date	Monday	Wednesday	
		7-10pm	7-10pm	
1	24/02/2025	3		
2	26/02/2025		3	
3	03/03/2025	3		
4	05/03/2025		3	
5	10/03/2025	3		
6	12/03/2025		3	
7	17/03/2025	3		
8	19/03/2025		3	
9	24/03/2025	3		
10	26/03/2025		3	
11	31/03/2025	3		
12	02/04/2025		3	
13	07/04/2025	3		
14	09/04/2025		3	
15	14/04/2025	3		
16	16/04/2025		3	
Holiday	21/04/2025	0		
17	23/04/2025		3	
18	28/04/2025	3		
19	30/04/2025		3	
Holiday	05/05/2025	0		
20	07/05/2025		3	
21	12/05/2025	3		
22	14/05/2025		3	
23	19/05/2025	3		
24	21/05/2025		3	
25	26/05/2025	3		
26	28/05/2025		3	
27	02/06/2025	3		
28	04/06/2025		3	
29	09/06/2025	3		
30	11/06/2025		3	
31	16/06/2025	3		
32	18/06/2025		3	
33	23/06/2025	3		
34	25/06/2025		3	
35	30/06/2025	3		
36	02/07/2025		3	
37	07/07/2025	3		
38	09/07/2025		3	
39	14/07/2025	3		
40	16/07/2025		3	
41	21/07/2025	3		
42	23/07/2025		3	
43	28/07/2025	3		
44	30/07/2025		3	
45	04/08/2025	3		
46	06/08/2025		3	
47	11/08/2025	3		
48	13/08/2025		3	
49	18/08/2025	3		
50	20/08/2025		3	
51	25/08/2025	3		
52	27/08/2025		3	Exam
53	01/09/2025	3		Exam
54	03/09/2025		3	Exam
55	08/09/2025	3		Exam
56	10/09/2025		3	Exam
57	15/09/2025	3		Exam
58	17/09/2025		3	Exam
59	22/09/2025	3		Exam
60	24/09/2025		3	Exam
61	29/09/2025	3		Exam
Holiday	01/10/2025		0	
Mid-Autumn Festival	6/10/2025	0		
62	8/10/2025		3	Exam
63	13/10/2025	3		Exam
64	15/10/2025		3	Exam
65	20/10/2025	3		Exam
66	22/10/2025		3	Exam
67	27/10/2025	2		Exam (7:00 - 9:00pm)
Holiday	29/10/2025		0	
後備日	03/11/2025	0		
後備日	5/11/2025		0	
後備日	10/11/2025	0		
Total hours:			200	

Time: 7pm-10pm (Mon), every Monday
7pm-10pm (Wed), every Wednesday

Venue: 1101 Sports Lab, 11/F
Island East Campus
494 King's Road, North Point, Hong Kong